



Forklift / OSHA-10 Training

Transportation and Warehouse Industry

Classes run Monday through Friday from 8:30 a.m. - 4 p.m. Goodwill's forklift/OSHA training program is a two-week course that assists individuals with entry-level employment into the manufacturing, transportation and warehouse industries. The classes at Goodwill, taught by National Safety Council of North Carolina certified instructors, also include an OSHA-10 safety class.

The program provides an overview of OSHA and NIOSH and hands-on instruction in lift truck design, vehicle safety inspection, moving with and without a load, and picking up and stacking a load. Special conditions involving trailers, ramps, elevators, and pedestrian safety are also addressed.

The course utilizes training videos, participant workbooks, and standardized testing for the classroom instruction and a final driving test. Successful class completion results in a three-year renewable N.C. General Industry Forklift certification and OSHA-10 safety card.

PROGRAM BENEFITS

- Course takes only two weeks
- OSHA-10 hour card
- Delivered by Safety and Health Council of NC certified instructor
- NC General Industry Forklift certification good for three years

PRE-REQUISITES

- Computer Basics
- Resume Writing
- 6th grade level on Test for Adult Education (TABE)

For more information, please call the Goodwill Job Resource Center at 704.372.3434

Goodwill Opportunity Campus
 5301 Wilkinson Boulevard Charlotte, NC 28208
 704.372.3434 • goodwillsp.org

HANDS-ON TRAINING

- Lift truck design
- Vehicle safety inspection
- First-hand driving experience
- Moving, lifting and stacking practice
- Trailer, ramp, elevator and pedestrian safety
- Non-operator safety for those who work around lift trucks
- Training setup and equipment
- OSHA-10
- Résumé development
- Professionalism development
- Interviewing techniques
- Presentation skills
- Networking and career search strategies

ORIENTATION CLASS BEGINS CLASS ENDS

Tues., Dec. 18	Mon., Jan 7	Fri., Jan. 18
Mon., Feb. 4	Mon., Feb 11	Fri., Feb. 22
Tues., Mar. 12	Mon., March 18	Fri., Mar. 29
Tues., Apr. 9	Mon., Apr 15	Fri., Apr. 26
Mon., May 6	Mon., May 13	Fri., May 24
Tues., June 4	Mon., June 10	Fri., June 21
Tues., Aug. 6	Mon., Aug. 12	Fri., Aug. 23
Tues., Sept. 3	Mon., Sept. 9	Fri., Sept. 20
Thurs., Oct. 10	Mon., Oct. 14	Fri., Oct. 25
Mon., Nov. 25	Mon., Dec. 2	Fri., Dec. 13

